Monday	Tuesday	Wednesday	Thursday	Fríday	
				Nutri-grain Bar	Т
				Orange Juice	
				1% White or FF Chocolate Milk	
				1	
Cinnamon Toast Crunch Cereal	Butterscotch Oatmeal Bar	Golden Grahams	Trix Cereal Bar	Strawberry Pop Tart	
100%Grape Juice 1% White or FF Chocolate Milk	Apple Juice Box 1% White or FF Chocolate Milk	Orange Tangerine Juice Box 1% White or FF Chocolate Milk	Mixed Fruit Cup 1% White or FF Chocolate Milk	Apple Juice Box 1% White or FF Chocolate Milk	
4	5	6	7	8	
Golden Grahams	Strawberry Pop Tart	Butterscotch Oatmeal Bar	Smore Nutrition Bar	Chef Breakfast Choice	
100%Grape Juice 1% White or FF Chocolate Milk	Orange Tangerine Juice Box 1% White or FF Chocolate Milk	Orange Tangerine Juice Box 1% White or FF Chocolate Milk	Apple Juice Box 1% White or FF Chocolate Milk	Mandarin Orange Cup 1% White or FF Chocolate Milk	1
11	12	13	14	15	
Mixed Berry Rice Krispies Cereal Bar	Cinnamon Toast Crunch Cereal bar	Golden Grahams Cereal Bar	Frosted Corn Flakes	Chef Breakfast Choice	
Mandarin Orange Cup 1% White or FF Chocolate Milk	100%Grape Juice 1% White or FF Chocolate Milk	Apple Juice Box 1% White or FF Chocolate Milk	Diced Pear Cup 1% White or FF Chocolate Milk	Orange Tangerine Juice Box 1% White or FF Chocolate Milk	Y
MLK Dov					
MLK Day	19	20 2	21	22	
Cinnamon Toast Crunch Cereal	Nutri-grain Bar	Golden Grahams	Trix Cereal Bar	Strawberry Pop Tart	
100%Grape Juice 1% White or FF Chocolate Milk	Apple Juice Box 1% White or FF Chocolate Milk	Orange Tangerine Juice Box 1% White or FF Chocolate Milk	Apple Juice Box 1% White or FF Chocolate Milk	Mandarin Orange Cup 1% White or FF Chocolate Milk	
					19
25	26	27	28	29	



## Thought for Thought

If a man does not keep pace with his companions perhaps it is because he hears a different drummer.

Let him step to the music he hears however measured and far away. - Henry David Thoreau

## Tips & Information

It's a well-documented fact that very first snowman was made in Eau Claire, Wisconsin on January 7, 1809 by Vernon Paul and his 9 year old daughter, fetty Paul. According to Mr. Paul, he told his daughter that the snowman was intended to frighten away the Boxing Day elves (popular legend said Boxing Day elves reclaimed Christmas presents). Once the Paul family's neighbors saw the snowman, and Yetty explained to her friends how easy it was to make, children all over the town were making snowmen.

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"or:" = An alternative selection to choose. "WG"=Whole Grain % White & Fat Free Chocolate Milk available daily.



\*\*Menu Subject to Change\*\*